



Miami Valley Aquatic Club MAKOS SUMMER SPLASH

June 30, 2006 – July 2, 2006

MIAMI UNIVERSITY AQUATIC CENTER

Held under the Sanction of United States Swimming, Inc. Sanction # 2548OH

Meet Director: Terri Shannon 513-529-8154

Email shannot1@muohio.edu

POOL LOCATION:

Corwin M. Nixon Aquatic Center, Miami University, Oxford, Ohio.
700 S. Oak St.
Oxford, OH 45056
513-529-1844

POOL TYPE:

- The Corwin M. Nixon pool is a 50-meter x 25-yard pool with adjacent diving well.
- The competition pool will consist of one 50-meter course. Continuous warm-up and warm-down areas will be available in the diving well.
- Note: Swimmers will not be permitted in the adjacent leisure pool.

RULES:

- The meet will be governed by current United States Swimming Rules. All participants must be currently registered USS Athletes. There will be no USA Swimming registration at the meet. Age as of the first day of competition will determine eligibility for the meet. Ohio LSC swimming safety guidelines and warm-up procedures will be in effect at this meet. See the section: **Warm-ups** for description of warm-up procedures in this meet.

EVENTS:

- The meet will be swum in accordance with the accompanying Schedule of Events.
- All events are timed finals for all age groups.
- Age classifications are: 8-Under, 9-10, 11-12, 13-14 and Open. Longer events will combine 8-Under and 9-10 into a 10-Under category. There are no minimum times.
- There will be **no Clerk of Course**; athletes are to report directly to the blocks for each event.
- Age group athletes may swim Open events, but meet management is not responsible for lack of recovery time prior to the next age group event.
- Athletes are limited to 5 events per day, plus relays. Teams may enter with short course yard or long course meter times. Short Course yard-times will be converted to long course meters times for seeding. **Updating of times is not permitted.**
- All Friday evening events and all 200 and 400 individual meter events in other sessions will require **positive check in**. The 200 meter events on Friday evening may be limited to the **top 48 athletes depending on time constraints**.
- All 400 meter freestyle events in all sessions may be limited to the **top 32 athletes depending on time constraints**. We will swim two heats of all 400 freestyle events simultaneously. 400 freestyle heats will be swum fastest to slowest.
- All 400 meter IM events may be limited to the **top 24 athletes depending on time constraints**.
- We will start all events (except relays and 50s) from **both ends of the pool**. Meet management reserves the right to modify published warm up procedures to reduce over-crowding.

ENTRY RESTRICTIONS:

1. Swimmers may enter no more than five (5) individual events per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with event #1 until the rule is satisfied. There will be no refunds.
2. **Positive check-in** by 4:30 PM is required for all Friday night events. Positive check-in is required for all 200 meter and 400 meter individual events in other sessions. Check in will close 30 minutes prior to the session. Swimmers who have not checked in will not be seeded.
3. The host club reserves the right to enter its swimmers in any events.

scheduled to compete in an afternoon session will not be permitted on the pool deck until at least one hour after completion of the morning session.

COACHES REGISTRATION:

Each competing Club's coach must be present and have current USS Coaches' Registration available to show the Meet Referee. Teams, regardless of size, are required to register coach/sponsor's name with the meet referee before swimmers will be allowed to begin warm-up. At that time, current coaches' registration must be shown. Unattached swimmers not practicing with a competing club must have the name of a responsible adult sponsor registered with the Meet Director and Referee before he/she will be allowed to compete.

WARM-UPS:

Swimmers must enter the water feet first from the edge of the pool with one hand in contact with the deck. The following warm-up schedule will apply to this meet: The first half of all warm-up periods will be a general warm-up with **NO DIVING** from the blocks or side of the pool. All blocks will be covered with safety cones. Outside lanes will be kick only; inside lanes will be swimming and pulling only. **SORRY... NO PADDLES.** No sprint or pace work in general warm-up lanes. During the last half of all warm-up periods, the safety cones on lanes 2 and 7 will be removed. One-way diving and sprinting will be done in these lanes only from the starting end of the pool. The remaining lanes will be general warm-up lanes, with no diving or push-off pacing permitted, unless otherwise instructed by the referee and marshal. Teams will be assigned warm-up lanes prior to the meet.

MEET MARSHALS:

Marshals have authority through the Meet Director over warm-ups. A swimmer and/or coach may be removed from the deck for non-compliance with warm-up procedures.

DIRECTIONS:

Maps available on the Miami Valley Aquatic Club website.

PARKING:

Parking will be available in university parking lots near to the Recreational Sports Center except in the main parking area in front of the building. You will need to pay to park at any metered space, and you must park legally. (The new parking garage is open. There is a fee for parking there.)

SWIMMER CONDUCT:

All swimmers are expected to conduct themselves in an appropriate manner. It is the responsibility of all parents to ensure all minor participants/spectators are well behaved and under supervision at all times. Any swimmer acting in an inappropriate manner will be reported to their coach. If the swimmer is reported a second time, they will be banned from participating for the remainder of the meet.

CONCESSIONS/FACILITIES:

Natatorium concessions are available to everyone. Hospitality for coaches and workers will be available in the Wet Classroom, adjacent to the pool entrance.

ABSOLUTELY NO SMOKING ALLOWED IN THE BUILDING.

TIMERS:

We will require that each team with 6 or more swimmers to provide (2) timers per session as needed. A list of assignments will be provided prior to the meet based upon team size. Timers will need to sign in at the timer check-in table in the concourse and report to the Head Timer 20 minutes prior to the beginning of each preliminary session in the wet classroom downstairs.

MEET OFFICIALS:

The Miami Valley Aquatic Club will need the help of your USA Swimming Officials. Please ask officials to contact Bill Houk (houktw@muohio.edu) to indicate their availability. Please do so by June 15.

USE OF RECREATIONAL SPORT CENTER:

Use of any portion of the Recreational Sports Center by parents, athletes, and siblings while not involved in the meet is available for a \$6.00 a day charge at the Membership window. You will receive a wristband. There is an additional charge for the climbing wall or to attend classes. The Fitness Center is for adult (over 18 years of age) use only. Call (513) 529-8181 for additional information.

**2006 MAKO SUMMER SPLASH
ORDER OF EVENTS Sanction # 2548-OH**

FRIDAY, 6/30/2006		WARM UP: 4:00 P.M.
PM SESSION (1)		COMPETITION: 5:15 P.M.
GIRLS	EVENT	BOYS
1	10-UNDER 200 IM*	2
3	11-12 200 IM*	4
5	13-14 200 IM*	6
7	OPEN 200 IM*	8
9	10-UNDER 200 FREE*	10
11	11-12 200 FREE*	12
13	13-14 400 FREE**	14
15	OPEN 400 FREE**	16

SATURDAY, 7/1/2006, AM SESSION (2)		
WARM UP: 7:00 A.M.		
COMPETITION: 8:15 A.M.		
GIRLS	EVENT	BOYS
17	13-14 200 FREE RELAY	18
19	OPEN 200 FREE RELAY	20
21	13-14 100 BACK	22
23	OPEN 100 BACK	24
25	13-14 200 BREAST*	26
27	OPEN 200 BREAST*	28
29	13-14 100 FREE	30
31	OPEN 100 FREE	32
33	13-14 200 FLY*	34
35	OPEN 200 FLY*	36
37	13-14 400 IM***	38
39	OPEN 400 IM***	40

SATURDAY, 7/1/2006, PM SESSION (3)		
WARM UP: TBA		
COMPETITION: TBA		
GIRLS	EVENT	BOYS
41	11-12 200 MEDLEY RELAY	42
43	9-10 200 MEDLEY RELAY	44
45	8-UNDER 200 MEDLEY RELAY	46
47	11-12 100 FLY	48
49	10-UNDER 100 FLY	50
51	11-12 50 FREE	52
53	9-10 50 FREE	54
55	8-UNDER 50 FREE	56
57	11-12 100 BACK	58
59	10-UNDER 100 BACK	60
61	11-12 50 BREAST	62
63	9-10 50 BREAST	64
65	8-UNDER 50 BREAST	66
67	11-12 400 FREE**	68

SUNDAY, 7/2/2006, AM SESSION (4)		
WARM UP: 7:00 A.M.		
COMPETITION: 8:15 A.M.		
GIRLS	EVENT	BOYS
69	13-14 200 MEDLEY RELAY	70
71	OPEN 200 MEDLEY RELAY	72
73	13-14 100 FLY	74
75	OPEN 100 FLY	76
77	13-14 200 FREE*	78
79	OPEN 200 FREE*	80
81	13-14 100 BREAST	82
83	OPEN 100 BREAST	84
85	13-14 200 BACK*	86
87	OPEN 200 BACK*	88
89	13-14 50 FREE	90
91	OPEN 50 FREE	92

SUNDAY, 7/2/2006, PM SESSION (5)		
WARM UP: TBA		
COMPETITION: TBA		
GIRLS	EVENT	BOYS
93	8-UNDER 200 FREE RELAY	94
95	9-10 200 FREE RELAY	96
97	11-12 200 FREE RELAY	98
99	8-UNDER 50 FLY	100
101	9-10 50 FLY	102
103	11-12 50 FLY	104
105	10-UNDER 100 BREAST	106
107	11-12 100 BREAST	108
109	8-UNDER 50 BACK	110
111	9-10 50 BACK	112
113	11-12 50 BACK	114
115	8-UNDER 100 FREE	116
117	9-10 100 FREE	118
119	11-12 100 FREE	120

All events are timed finals.

* These events will require positive check-in, and may be limited to the top 48 athletes.

** These events will require positive check-in, and may be limited to the top 32 athletes. All 400 meter Freestyle events will be swum "two to a lane."

*** These events will require positive check-in, and may be limited to the top 24 athletes.

The Miami Valley Aquatic Club Thanks Their Local Sponsors

Lodging

Amerihost Inn and Suites
5190 College Corner Pike (513) 523-2722

Hampton Inn
5056 College Corner Pike (513) 524-0114

Marcum Conference Center & Inn
100 N. Patterson, (513) 529-2104

Groceries

Kroger
300 S. Locust Street (513) 523-2201

Food

Taco Bell
36 Lynn St., Oxford OH 45056 (513) 523-0070

Oxford Area Hotel Guide

Oxford Area Lodging

Amerihost Inn and Suites	5190 College Corner Pike	(513) 523-2722
Barker's Bed & Breakfast	5815 Brown Road	(513) 523-1107
Best Western Sycamore Inn	6 E. Sycamore	(513) 523-0000
Hampton Inn	5056 College Corner Pike	(513) 524-0114
Hueston Woods Resort	RR 1, College Corner	(513) 664-3500
Marcum Conference Center & Inn	100 N. Patterson	(513) 529-2104
Elms Hotel/Holiday Inn	75S Main St.	(513) 524-2002
Scottish Inn	5235 College Corner Pike	(513) 523-6306

Hamilton Area Lodging

Hamiltonian Hotel (20 minutes away)	One Riverfront Plaza-Hamilton	(513) 896-6200
Holiday Inn Express (Fairfield)	6755 Fairfield Business Ctr.	(513) 860-2900
Manchester Inn (Middletown)	1027 Manchester Ave.	(513) 422-5481

Oxford Area Restaurants

Full Service Restaurants

Bob Evans
5076 College Corner Pike, Oxford OH 45056 (513) 523-8866
A family restaurant

DiPaolos Restaurant
77 S. Main St., Oxford OH 45056 (513) 523-1541
Local's gourmet favorite for 26 years

Brick Street
36 E. High St., Oxford OH 45056 (513) 523-1335
Rated "Playboy's Top 100 Bars"

Governors Room at the Alexander House
22 N. College Ave., Oxford OH 45056 (513) 523-1200
Oxford's premier upscale dining

Kona Bistro & Coffee Bar
31 W. High St., Oxford OH 45056 (513) 523-0686
Big city dining with small town prices

La Bodega Delicatessen
11 W. High St., Oxford OH 45056 (513) 523-1338
Contemporary deli-box lunches

High Street Grill
116 E. High St., Oxford OH 45056 (513) 523-3134
Exactly what you want!

Skippers Pub
121 E. High St., Oxford OH 45056 (513) 523-0066

Great food, service & prices

45 East Bar & Grill
45 E. High St., Oxford OH 45056 (513) 523-3737
Great food, sports TV, and late-night entertainment!

Buffalo Wild Wings
10 E. Walnut St., Oxford OH 45056 (513) 524-2999
Food, sports & fun

China One
330 S. Locust St., Oxford OH 45056 (513) 523-2343
Lunch buffet daily

Fiesta Charra
19 W. High St., Oxford OH 45056 (513) 524-3114
Mexican cuisine

Mac & Joe's
21 E. High St., Oxford OH 45056 (513) 523-8018
Oxford's oldest tavern est. 1946

Phan Shin Chinese & Thai
104 W. High St., Oxford OH 45056 (513) 523-1020
Dine in or carry out!

Stadium Sports Bar & Grille
16 S. Poplar St., Oxford OH 45056 (513) 523-4661
7 TVs, beer garden, food & fun

Spaghetti's Ristorante
310 Locust St., Oxford OH 45056 (513) 523-6900
Casual Italian & family style dining

135 Lynn St., Oxford OH 45056 (513) 523-2184

SDS Pizza & Subs
7 E. Chestnut St., Oxford OH 45056 (513) 523-1234

Coffee, Bakeries, and Sweets

Steinkeller
15 E. High St. (Basement), Oxford OH 45056 (513) 524-2437
A German eatery & pub

Uptown Cafe
109 W. High St., Oxford OH 45056 (513) 523-0770

Varsity Bar & Grill
13 W. High St., Oxford OH 45056 (513) 523-0018
2 sports bars, great food and games

Starbucks
19 E. High St., Oxford OH 45056 (513) 523-7200

Pachinko Bar & Grill
11 S. Main St., Oxford OH 45056 (513) 523-0048

Cold Stone Creamery
9 W. High St., Oxford OH 45056 (513) 523-4540
Cakes, pies & ice cream; call or stop in for a good ice cream experience!

Qdoba Mexican Grill
9 W. High St., Oxford OH 45056 (513) 523-0869
Mexican cuisine

The Smokin' Ox
12 East Park Place, Oxford OH 45056 (513) 524-4BBQ
Barbecue & Beer

Church Street Station Bar & Grille
107 East Church St., Oxford OH 45056 (513) 523-1117

Lottie Moon's
12 South Beech St., Oxford OH 45056 (513) 523-1157

Fast Food

Arbys of Oxford
2 Lynn St., Oxford OH 45056 (513) 523-3040

Bagel & Deli Shop
119 E. High St., Oxford OH 45056 (513) 523-2131

Great Steak & Potato Co.
17A High St., Oxford OH 45056 (513) 523-4805

Jimmy Johns
23 E. High St., Oxford OH 45056 (513) 524-2424

Kentucky Fried Chicken
5046 College Corner Pike, Oxford OH 45056 (513) 523-4101

McDonalds
601 S. Locust St., Oxford OH 45056 (513) 523-8933

Skyline Chili
1 E. High St., Oxford OH 45056 (513) 523-3330

Taco Bell
36 Lynn St., Oxford OH 45056 (513) 523-0070

Johnnys Campus Deli
209 E. Sycamore St., Oxford OH 45056 (513) 523-1123

Subway
17 E. High St., Oxford OH 45056 (513) 523-7827

Pizza

Brunos Pizza
14 W. Park Place & 31 E. High St., Oxford OH 45056 (513) 523-2266

Dominos Pizza
5156 College Corner Pike, Oxford OH 45056 (513) 524-6262

La Rosas Pizzeria
21 Lynn St., Oxford OH 45056 (877) 347-1111

Papa Johns Pizza - Oxford
619 S. Locust St., Oxford OH 45056 (513) 523-9991

Pizza Hut

USS Membership Meet Entry Form
Meet Name: 2006 Mako Summer Splash
Location: Corwin M. Nixon Aquatic Center
Date: June 30 – July 2, 2006

Sanction #2548-OH

Please return this form with your entry forms

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this swim meet are currently member athletes of United States Swimming Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of United States Swimming Inc.

Team: _____

Printed Name: _____

Signature: _____

Title: _____ Date: _____