

2008 MAST DECEMBER INVITATIONAL

MEET WARM-UP SCHEDULE

DECEMBER 13 & 14, 2008 - SATURDAY & SUNDAY - AM SESSIONS

LN TEAM WARM-UP TIME MEET STARTS

SESSION # 1

1 - 3	MAST (32) (30)	9:00 – 10:00 AM	10:05 AM
4	MAC (18) (14)		
5	MHSW (10) (9)		
6	ABLY (9) (5)		

DECEMBER 13, 2008 - SATURDAY - PM SESSION

LN TEAM WARM-UP TIME MEET STARTS

SESSION # 1

1 – 4	MAST (42)	12:30 – 1:00 PM	1:35 PM
5 – 6	MAC (20)	12:30 – 1:00 PM	

SESSION # 2

1 – 4	ABLY (38)	1:00 – 1:30 PM	1:35 PM
5 – 6	MHSW (26)	1:00 – 1:30 PM	

DECEMBER 14, 2008 - SUNDAY - PM SESSION

LN TEAM WARM-UP TIME MEET STARTS

SESSION # 1

1 – 4	MAST (39)	12:30 – 1:00 PM	1:35 PM
5 – 6	MAC (16)	12:30 – 1:00 PM	

SESSION # 2

1 – 3	ABLY (25)	1:00 – 1:30 PM	1:35 PM
4 – 6	MHSW (24)	1:00 – 1:30 PM	