

## MAST EQUIPMENT INFORMATION

TEAM SUIT: ANY BRAND/STYLE BLACK SUIT (1 piece): A black suit is to be worn at all meets. Typical brand names include Speedo, TYR, and Dolphin. Swimmers can wear *any suit for practice*; saving the competition suit for meets. Many times swimmers will wear more than one suit for “drag”—an excellent way to get more “yardage” out of old, worn suits. Suits can be found locally at the following locations:

- ◆ Kast-A-Way Swimwear: I-275 North to Route 42 exit. Turn right (north) for 1-2 miles. Kast-A-Way will be on your right. Kast-A-Way will usually give a 10% discount toward any black suit; just mention that you’re from MAST.
- ◆ Pannel’s Swim Shop: I-275 South to KY I-471 North to the first Ft. Thomas exit. Turn left onto 27 North. Turn right into the small strip mall: Pannel’s is located in the back corner. Pannel’s will usually give a 10% discount toward any black suit; just mention that you’re from MAST.
- ◆ Dick’s at Eastgate: Call first. Suits may be seasonal.
- ◆ Royal Athletics: Located in downtown Milford on Lila Avenue (to the left of Johnny’s Toys). Call first; they don’t always have suits available.



After purchasing your competition suit, take the suit to:

Jamboree Sports & Embroidery

740 Lila Ave.

Milford, OH 45150

They will embroider the suit logo for a small cost (which is payable to them and in addition to the cost of the suit itself).

CAP: THE MAST “M” must be worn for all meets. This can be purchased at the pool for \$3.00. *Any cap* is okay for practice. Girls should always wear a cap; many boys wear them too, especially at meets.

GOGGLES: Any style of goggles is fine (not face masks). They can be purchased at the same stores where swim suits are sold. Since goggles can sometimes be difficult to get used to, swimmers should wear them for all practices. This will insure that the goggles fit appropriately when the swimmer is ready for competition. The Milford Target store usually has a nice selection of goggles.

KICKBOARD, FLIPPERS, PULLBUOY: These items are supplied by MAST and/or Milford High School and can be found in the equipment room. Please do not mistreat these items.

SPIRIT WEAR: This is a collection of clothing, towels, hats, swim bags, and other items that feature the MAST name and logo. The Spiritwear committee provides a sample line and ordering information early in the season.