



Milford Area Swim Team

AUGUST 27, 2008

MAST

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Phone

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E-mail

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We're on the Web!

MilfordSwimming.org

STAFF

Head Coach, Age Group
Program: Craig Leonard
Head Coach, Senior
Program: Gary Tameris

Age Group Coaches:

Rick Matulis – B6
Corey Dauw - B5
Andy Storch - B4
Nichole Babenic – R4
Jenn Butram – R4
Caitlin Lennon - R3

Lifeguards:

Administrative Assistant:

Treasurer

Lori Lucas

Secretary

Steve Gerwe

TRUSTEES

Don Semler
Fred Brown
David Striet
Sam Hughes
Matt Woellert
Melissa Palmquist

WEBMASTER

Don Semler
dsemler@cinci.rr.com

Hello MAST families and coaches,

I am writing this email to detail the start of the Fall/Winter swimming season. If you no longer are planning on swimming for MAST please let me know so that I can remove you from our mailing list. I plan on sending out many, many emails over the course of the season and I don't want to bother those of you who are not planning on participating. When you respond, *please include a reason for you not coming back* so that we may make whatever necessary changes to improve our club. Thank you.

I have attached a **calender** for the month of September which includes practices times and days, schedule conflicts and high school water polo games being played at Milford High School. I plan on sending out a new monthly calender a couple of weeks in advance so that you may plan your schedules as well. This calender can also be found on the MAST website under the **practice information link** on the left side of the front page. The website has a lot of new information and we ask that you look there often for the most current news.

Please note that on **September 8th** we are having a **PARENTS MEETING 7 pm** in the high school cafeteria. We ask that at least one parent from every family attend as we plan on having a lot of necessary information to distribute. Bring all of your questions and the coaches and Board members will do their very best to answer all of them.

The senior group and the Black 6 group are the only groups that will be practicing that day and they will be in the water during the time of the meeting. All other groups will begin their practices starting on Wednesday, September 10th.

Thank you,

Coach Craig

M.A.S.T. PRE-FALL STROKE CLINIC

AUGUST 18-19 BUTTERFLY - AUGUST 20-21 BACKSTROKE

AUGUST 25-26 BREASTSTROKE - AUGUST 27-28 FREESTYLE

10 & UNDER FROM 6:00 – 6:50 PM / 11 & OVER FROM 7:00 – 8:00 PM

COST - \$40.00 FOR ALL SESSIONS OR \$15 PER INDIVIDUAL SESSIONS

PRACTICES FOR THE WEEK OF 8/27/08

Schedule is subject to change without notice!

	MON	TUE	WED	THU	FRI	SAT
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Senior

Red 2

Red 3
Red4
Black 4
Black 5
Black 6

SUBS FOR THE WEEK OF 8/27/08

MEET RESULTS

NONE

UPCOMING DEADLINES

Parents Meeting

There will be a parents meeting on Monday September 8th at 7:00PM at the High School Cafeteria.

Registration

Registrations are being held on August 25th, 26th, 27th and 28th from 6:30 – 8:00 PM at the pool. Registration continues on September 3rd and 4th between 6:30 and 8:00PM as well as September 6th from 10:00 – 11:30 AM.

You may print out all of the forms needed for registration at www.milfordswimming.org under the registration link.

We would also encourage you to pre-register online so we make sure we get the correct email address and contact information. For your convenience you may also pay your registration fee online. However, you will still need to bring your completed forms on one of the above dates.

New swimmers should be prepared to swim for evaluation.

PERSONAL BEST TIMES

Best times can be found on our website, www.MilfordSwimming.org.